Aquatic Exercise & Therapy Equipment Sales@theraquatics

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From Australia's leading aquatic exercise and therapy equipment supplier

TEL: 07-3865 4420 INT: +617 3865 4420 FAX: 07-3265 5955 INT: +617 3265 5955

DUMBELLS GLOVES PADDLES BATS





BUDGET BARBELL Medium resistance barbell designed for aqua aerobics therapy and rehabilitation. Sold individually.

AQUATIC HAND BAR \$11.60 EACH Heavier resistance barbell intended for aquatic exercise. Sold individually.







\$9.15 EACH SLIMLINE BARBELL Light resistance closed cell foam with cushioned hand grip. Sold individually.

EXTRA HEAVY \$15.60 each DUMBELL

in water. Sold individually.

AQUA FORCE GLOVES \$12.50 PAIR Finger cut-outs in soft pliable neoprene gloves. Hook and loop closure around wrist. New improved design. Sizes: Medium and Large. Sold in pairs.





Dumbells, Gloves, Paddles & Bats Bags Running, Walking, Standing Kickboards Cuffs - Ankles, Wrists, Shins & Weights Breath Control Head Floats Aquafit
Hi Support Swimming Aids
Rings for Therapy
Ear Care
Pool Games Aquatic Sensory Motor Room Balance Balance
Swimming Aids
Accessories for Feet & Legs / Health Alerts
Swim Pants, Cast & Bandage Protectors
Aquatic Exercise Kits
Aquatic Cross Training
Balls
Large Equipment

AQUAFLEX

Original patented design where adjustable fans make an excellent handheld progressive resistive device for underwater workouts. Sold in pairs.

SWIM TRAINER BARBELL \$14.50

Use as learn to swim aid or as light resistance barbell during aqua therapy. Sizes 52cm long.

Order online and save time at: Theraqua tics.com.au

SOLO 2 PTY LTD T/A THERAQUATICS ABN: 61 010 676 249

SOLO 2 PTY LTD T/A THERAQUATICS RESERVES THE RIGHT TO ALTER PRICES INDICATED WITHOUT NOTICE

ITEM 6015



TURBO HAND BAR

Foam device used horizontally or vertically in push/pull aquatic exercises. Sold individually.



AQUALOGIX POOL **BELLS**

\$215.95 PAIR

High-impact plastic Aqualogix provide a great arm, right plastic Aqualogix provide a great archest and upper body workout. The unique 3-D design adds great resistance when in the pool. By simply turning the wrist you can add different levels of intensity. Resistances: High Speed / green (9001L), All Purpose / black (9001M), Max Resistance / blue (9001H). Sold in pairs.



POWER PADDLES

ITEM 9537

Hand held resistive device for maximum underwater workouts. Holes in paddles allow for water to flow through during exercise. Especially popular with athletes wanting aquatic cross training and endurance activities. 42cm long. Sold in pairs.



AQUA-X POWER GLOVE

Features an advanced design that provides increased surface area, foam padding and buoyancy resistance to target upper-body muscle groups. Great for high intensity, pool based cross training program. One size. Sold in pairs.



WATER WEIGHTS

\$17.99 PAIR

Offers lightweight resistance when empty. Doubles as water bottle. Sold in pairs.



WATER FAN PADDLES

These adjustable fans add variable upper body resistance to your aquatic workout. They are great resistance to your aquatic workout. They are great for aqua aerobics and muscle specific arm exercises. Adjustable to five different levels of resistance that are incremental. The large handgrips are easy to hold, and great for those with joint problems or arthritis. Complimentary mesh carrying bag to keep water fans dry, together and protected. Sold in pairs.



HAND PADDLES

Durable moulded plastic paddles for strengthening a swimmer's stroke. Sold in pairs. Size: Medium only.



SWIM PADDLES

\$18.35 PAIR

Plastic hand paddles with comfortable strapping. Paddle straps are replaceable. Sizes: Small (9334S), Medium (9334M) and Large (9334L). Sold in pairs.



REPLACEMENT HAND **PADDLE STRAPS**

Give your hand paddles a new lease of life with a set of new hand paddle straps. Choose from rubber (9365F) or budget replacement straps (9537).



Small compact plastic bat for underwater low level resistance exercises in water. Sold individually.



LATTICE HEAD BAT

Plastic bat with large holes for medium resistance in water. Sold individually.



AQUA EXERCISERS

Moulded plastic paddles with distinctive supportive wrist sleeve. Easy to hold in strenuous exercise. Sold in pairs.



PUSH BELLS

Slide hand through adjustable strap for light weight exercises. Suitable for arthritic hands. Sold in pairs.



EZ GRIP BUOYS

Designed to make exercising easier for people with compromised gripping ability. Especially popular with swimmers with arthritis pain who have trouble holding traditional water dumbbells. Strap fits over the back of hand and holds barrel in place. Both styles feature 30.5cm long white, deluxe polyethylene noodle. 7.5cm dia barrel (9112S), 10cm dia barrel (9112F)

\$37.70 9112F \$28.99 9112



AQUAFIT MITT

Mitt sewn onto mini sac of polystryrene beads. Velcro™ wrist strap ensures secure fit. Excellent for low grade aquatic push/pull exercises. Sold individually.



WATER WAFER WITH STRAPS

\$48.50 EACH

Closed cell foam disc with adjustable Velcro[™] strap through which a hand or foot can be placed. Large surface area of disc ensures a thorough workout for upper and lower body resistance training. Also a useful rehabilitation tool in gentle resistive aquatic exercise. Sold individually. Size: 24.5cm diameter x 5.0cm.



RESISTA BALL

provides a slight weight of 500gm per ball. Fits into palm of the hand for a comfortable grip. Slide hand through adjustable strap for light weight rehabilitation exercises. Excellent alternative for those who may have trouble gripping standard dumbbells due to



SMILE HANDS

Training tool that uses water resistance for a workout. Made of EVA moulded foam, the ergonomic design of grip ensures a safe water workout without putting

BAGS

ITEM 9145



mesh draw-string bag for personal use.

Colour: electric blue

\$17.95 EACH



BELL MESH BAG

Holds up to 12 pairs of aquatic dumbells. Durable black mesh construction. Zipper closure opens fully for easy access. Size: 91.5 x 53 x 40.5cm.



AQUABAG

Strong open weave bag allows for drainage and easy transportation or storage of Aqua gear.
Drawstring. Size: 140cmL x 66cm diameter.



AQUAFIT NOODLE BAG

\$70.60 EACH

Organise, transport and store your noodles with ease. This drawstring bag holds up to 20 noodles with ease. This drawstring bag holds up to 20 noodles. Loop allows for suspension of bag for noodles to dry. Aquafit fabric is chlorine resistant, low maintenance and easy to dry. Size: 160cm long x 132cm circumference. Noodles sold separately.

ITEM 9146



MESH NOODLE BAG \$82.65 EACH

A convenient way to transport multiple pool noodles. Holds up to 20 noodles. Includes carrying straps. Made of strong, open-weave mesh for easy drying. Zipper runs entire length of bag. Size: 137L x 38H x 38cm dia.

WATER RUNNING WALKING STANDING

ITEM 6038

AQUA FITNESS BELT

Removable closed cell foam pieces designed for custom fit and balanced buoyancy. Belts can be joined together for larger sizes.

ITEM 6018



SWIM BELT

Light weight floatation belt provides support and security for young swimmer. Adjustable webbing strap with buckle threaded through 6 x foam modules 13cmL x 7.5cmW x 3cmD.



RYALLS WATER WORKOUT BELT

High density closed cell foam covered with nylon chlorine resistant sleeve. Quick release adjustable strap. Developed for exercising upright, shoulder depth in deep water. Colour coded for size. Sizes available: XX Large (yellow - 100cm), X Large (black) 96cm), Large (green - 88cm), Medium (blue - 78cm), Small (pink - 70cm).



SLIMLINE BELT

Well-priced belts. Provides floatation for aqua aerobics, water rehabilitation and support for the timid swimmer. Soft EVA foam contours around the waist with help of adjustable buckle on polypropylene strap. Colour-coded for foam length: Small (yellow - 49cm), Medium (red - 67cm) and Large (blue - 74cm).

\$9.95 60628 \$11.15 6062M \$11.99



NOODLE

Closed cell foam cylinder. Ideal for water walking and jogging. Size: 63mm diameter. Length: 150cm.



INFLATABLE **BUOYANCY BELT**

BUOYANCY BELT \$30.80 MCH
Inflatable buoyancy belt with adjustable wide webbing strap and secure buckle. Suitable for pregnant women. Great compact aqua belt for travellers who want to continue their exercise program. One size only.



AQUAJOGGER

TRAVELLER \$93.25 EACH
Fold over design fits easily into a small space of
30.3 x 30.5 x 7.5cm for portability. Premium EVA foam.
Moveable side pads can be positioned to change
flotation points. Custom-woven elastic belt comfortably
moves with every breath and adjusts to fit waist.



NOODLE WITH

CENTRE HOLE \$7.50 EACH
Hand held closed cell foam cylinder assists stability
in water. Use as support in deep water running or position under waist or hip to maintain a horizontal position during water exercise. Outside diameter: 70mm

ITEM 6019B



REPLACEMENT BELT \$10.05 EACH

A universal replacement belt made from chlorine resistant polyproplelene. Adjustable waist with quick release buckle. Can be threaded into most water jogging belts. Size:167.5cmL x 5cmW.

ITEM 6058



REPLACEMENT TETHERED BELT

Floating ring sewn into back of adjustable chlorine resistant webbing strap with quick release buckle. Extend the use of your water jogging belt to enable tethered walking or running.

\$13.05 EACH



Superior quality PVC with oversized foam and padded handles. Provides comfort, buoyancy and stability. Recommended for individuals with balance problems or who are recovering from surgery. Available in sizes medium (Item 6059M) and large (6059L).



\$83.40 EACH AQUA-X CORE BELT

The Core Belt provides stability for cardiovascular exercise and core strength. Features articulated foam for ergonomic fit. Stretch zones prevent belt from riding up. Easy-adjust, two-way buckle. Neoprene construction for a comfortable fit.



WATER AEROBICS BELT

Soft, comfortable closed cell foam belt worn around waist. Suspends body in upright position in water at shoulder level. Design promotes strength in the lower back while narrowing at the waist for comfort. Swimmer's head remains above water. Intended for effective low impact workout. Adjustable waist with quick release buckle. Foam can be worn upside down or with foam in the front of the body to fit different body shapes. Belt fits waist up to 127cm.



WATER JOGGING BELT

Closed cell foam belt fits securely around waist. Added back support relieves stress on lower back while suspended in water during aquatic exercise. Waist size: 65-120cm (6019S), 65-128cm (6019L).



FLOTATION FRAME

\$182.45

Supports arms and upper body while walking in water Helps increase strength in legs. Improves gait and balance. Size of frame: 92cmL x 42cmW.



ITEM 9870 WETVEST II (CHILD)

Incorporates flotation panels sewn into a comfortable and snug fitting body vest. Like a wet suit, it provides a thermal layer that insulates the body in the water. Engineered to provide secure and balanced support, the WET VEST II (child) fits much like a bathing suit, contouring to the body and allowing maximum freedom of movement. Newly updated with secure buckle closure. Special needs application for full body support in water. Sizes: 3XS-XS.

\$299.00 H



ITEM 9870A

WETVEST II (ADULT)

WET VEST II has been the performance choice for serious athletes, rehabilitation patients, and fitness enthusiasts. Engineered to provide secure and balanced support, it contours to the body allowing maximum freedom of movement. Adult sizes: Small-XXL

\$399.00 ALL



ITEM 9517

JUNIOR AQUA JOGGER

Flotation aid to assist difficult to maintain a supine float. Assists in development of confidence and familiarity of position. foam, with strap that adjusts to length of 81cm. Supports up to 44kg.



ITEM 9525

AQUATIC THIGH WEIGHTS

Specially designed aquatic thigh weights to develop strength, endurance and toning in the pool. Weight adjustable up to 1.36kg per thigh in 226gm increments. Consists of 6 x vinyl coated

\$135.90 PAI



AQUATIC LEG STRETCHER

\$47.25 EACH

Excellent device for all types of lower leg stretching. pool. Designed to increase flexibility and reduce muscle tightness. Sticks to clean, smooth pool floor.

KICKBOARDS

LEARN TO SWIM AQUA FITNESS

ITEM 6065



High density closed cell foam board for youth and smaller swimmers. Rigid. Easy grip surface.

Size: 37 x 26.5 x 2.6cm.

ITEM 6066



CLASSIC KICKBOARD \$19.85 FACH

High density closed cell foam board. Tombstone shape. Rounded edges for comfortable grip. Suitable for adults. Size: 47 x 29 x 3.2cm.

CUFFS

ANKLES WRISTS SHINS WEIGHTS



BUOYANCY CUFFS

Provides moderate resistance for ankles and wrists. Two styles: Velcro[™] closure (6016V) and buckle closure (6016B). Also used to suspend arms and legs during



BUOYANCY CUFFS WITH ELASTIC STAYS \$18.05 PAIR

EVA foam cuffs with adjustable strap and buckle closure fit snuggly on ankles to provide moderate resistance during aqua exercise. To stop straps from parting company from foam cuffs, elasticised stays fit straps securely onto each cuff. Sold in pairs.

ITEM 6049



BUOYANCY CUFFS WITH SECURA STRAPS

Stop your straps from parting company from their foam cuffs. Buoyancy cuffs (Item 6016V) are

ITEM 6050



BUOYANCY CUFFS WITH RESISTA STRAPS

Stop your straps from parting company from their foam cuffs. Buoyancy cuffs (Item 6016B) are supplied with webbing Resista Straps that are fitted with a "D" ring.



AQUATIC WRAPS \$43.50 pair

ITEM 6024V



JOGGER CUFFS

513.80 PAU

Asymetrical resistance cuffs for ankles. Offers more or less resistance depending on which position they are placed on the ankle. Fits snuggly onto ankles. Adjustable Velcro strap. Sold in pairs. Also available with stays to prevent straps from slipping from cuff (Item 6025).



HYDRO-TONE HYDRO BOOTS \$450.00 PAIR

Used in aqua-based workout programs that meet elite athletic standards. These boots give water exercise a 3 dimensional field of resistance. Three sections of boot attached with nylon hinges which bend and flex to leg's articulation. This allows foot and ankle areas to stay properly aligned. Sold in pairs.



AQUALOGIX RESISTANCE

PERPAIR
BLADES

\$185.10 BUTSTILES

Provides a great lower or upper body workout without the impact on joints that comes from running on land. The Resistance Blades can be worn around ankles or on wrists and are great for beginners to aquatic fitness. Their omnidirectional design lets you feel resistance no matter how you move your body!

Styles: 7.5cm green blade for dynamic high speed training tempo (9002L) and 12.5cm blue blade for dynamic slow training tempo (9002H). Sold in pairs. dynamic slow training tempo (9002H). Sold in pairs.

ITEM 9230V



RESISTA WRAPS

Floating "D" Ring sewn into webbing that is glued onto cuff. For leg and arm tethered exercise. Velcro™ closure. Sold in pairs.

ITEM 9276

AQUAFIT ROLLA CUFF **\$22.25** pair

Simple foam cuff which can be wound around a wrist or ankle to provide light support/resistance in water. Secured with Velcro[™]. Size:65cm(L) x 12cm(W).



AQUAFIT FURLA CUFF \$16.50 PAI

Chunkier wrap around foam cuff than the slim fitting wrap around version (9276). Provides slightly more support/resistance in water. Velcro™ closure allows for flexibility in size of ankle or wrist. Sold in pairs.



REPLACEMENT ANKLE STRAPS FOR WATER GAITORS AND

ANKLE CUFFS \$5.50 PAIR
Ankle strap inserts provide stability around the ankle for Ankle Cuffs [9562) and Water Gaitors (9495). If one or both ankle straps get lost, we have replacements at hand. Sold in pairs.



AQUAFIT WATER GAITOR REPLACEMENT FOAM INSERTS

Open cell foam inserts for Aquafit Water Gaitors (9495). Sold in pairs. \$23.90 PAIR



AQUAFIT WATER GAITORS

Adds resistance to exercise in water while allowing for near normal gait pattern. Two styles: Velcro[™] closure (9495V) and Buckle closure (9495B). Sold in pairs.

\$106.15 9495V \$117.10 94

ITEM 9324W



WEIGHTS

\$12.99 EACH

500g ingots that slip into pockets of Ankle Cuffs (9562). Sold individually.



AQUAFIT ANKLE CUFF REPLACEMENT FOAM INSERTS

Closed cell foam inserts for Aquafit Ankle Cuffs (9562). Sold in pairs. \$49.99 PA



AQUAFIT ANKLE CUFFS

Cuffs consist of outer sleeves with closed cell foam inserts which have pockets to accept weights (9324W) 1.5kg limit per cuff. Two styles: Velcro[™] closure (9562V) and Buckle closure (9562B). Sold in pairs.

\$121.50^{9562V} \$125.00^{9562B}



AQUAFINS™

\$135.90 PAIR

Worn on wrists or ankles. Tones and strengthens legs, thighs, lower back, arms, chest, upper back. Sold in pairs.



WATER WRIST WEIGHTS

Soft fabric cuffs containing weighted pellets that do not rust. Adjustable strap. Suitable as weights for adult wrists or for ankles of special needs children whose legs tend to float and therefore require that small amount of weight to make the feet sink. Two weights: 228gm per cuff (9527L) and 444gm (9527H). Sold in pairs.

\$67.40 PAIR \$50.80 PAIR



ADJUSTABLE WEIGHTED HYDRO CUFF WITH

Same as Item 8007 but fastened onto ankle with adjustable webbing straps and buckle. Weight: 1kg per cuff. Sold in pairs.



WEIGHT ADJUSTABLE

AQUATIC CUFFS \$131.65 PAIR
Eight removable vinyl covered weights inserted in each
cuff. Smooth fit.1.15kg limit per cuff. Sold in pairs.

ITEM 8007



ADJUSTABLE WEIGHTED \$14.99 PAIR HYDRO CUFF

Soft, removable weights slide into pockets in each cuff. Weight adjustable. Great for increasing the intensity of deep water running as well as for patients who need to maintain a correct upright position during aquatic therapy. Fastened with adjustable webbing straps. Weight: 1 kg per cuff. Sold in pairs.



WEIGHT ADJUSTABLE **SWIM BELT**

\$196.30 EACH

One size fits all neoprene belt with 28 weights. Used to release pressure on lower spine, open up spinal joints or lengthen spine. 4.5kg weight limit.

CUFFS THERAPY



AQUAFIT LEG CUFFS \$139.15 PAI

Cuffs accept foam rod inserts. Longer rods create greater resistance for more demanding exercise. To be used only by more experienced aquatic exercisers. Rods can be removed for progressive exercise. Sold in pairs.



AQUAFIT SHIN CUFFS

Light to medium resistance shin cuff for deep or shallow water exercise. May be worn on arms or legs. Can be used in combination with buoyancy belts. Soft and comfortable to wear. Velcro closure for a customised fit. Designed to exercise specific muscle groups or used in general strength and stamina training. Sold in pairs.



AQUATIC FOOT CUFFS \$30.25 PAIR
Adjustable cuffs offer extra support around ankles. Foot strap under arch for secure positioning. Sold in pairs.

ITEM 9526



Soft, fabric-coated foam for comfortable fit. Adds buoyancy and resistance. Unique mould process makes fabric and foam very durable. Fully adjustable foot & ankle straps for secure fit. Fixed resistance for quick exercise transition. Resistance: Medium/blue (9526M) and heavy/red (9526H) One size fits all. Sold in pairs.

ITEM 9274



AQUAFIT CALF CUFFS \$99.85 PAIR
Ankle cuffs that accept foam rod inserts which can
be removed to alter resistance in water. Sold in pairs.

BREATH CONTROL



LITTLE RUBBER DUCKS

\$1.30 EACH Easy to grasp. Many colours. Use as distraction toy or to enable swimmer to be aware of surface of water. Size: 6cms.

ITEM 8030T



MIRROR

Practice blowing in the mirror. Mirror sticks onto tiled wall of pool.



PING PONG BALLS

water with these bright orange ping pong balls. Blow the balls across the surface of the water. Ball diameter: 40mm. Set of 6.



An aid to teach breathing techniques for both adults and children. Sold individually.



SEAL FLIPS

Blow and make the seal heads flip. Five flips in set.

HEAD FLOATS



HYDROTHERAPY NECK FLOAT

Designed to fit around neck to aid buoyancy. Inflatable with Velcro[™] fastener. statemer. stat



BUOYANCY COLLAR

Size: Child or small adult.

Inflatable clear plastic neck collar with chin support.

Provides good stability and support for neck requiring limited head movement. Inside circumference: 30cm.



AQUAFIT GATHERED POSTURE PILLOW

Same as an Aquafit Posture Pillow (9307) with added benefit of adjusting drawstring at top of float for further leverage of head during aqua therapy.



AQUAFIT POSTURE PILLOW

Soft neck support designed to provide comfort, support and relaxation during aquatic therapy. Sizes: Adult (9307A), Child up to 20kg (9307C) and Baby up to 10kg (9307B).

\$71.80 9307A \$67.45 9307C \$61.40 9307C



AQUAFIT NECK COLLAR

Soft, comfortable collar to fit closely around neck to aid buoyancy and allow freedom of movement. Sizes: Adult (9401A), Child up to 20kg (9401C), Baby up to 10kg (9401B).

\$56.75 ADULT \$52.95 CHILD \$50.20 BAB



AQUAFIT HEAD SUPPORT

Foam head support makes it difficult for wearer to place head underwater. Velcro[™] fastening for added security. A more customised fit around the neck can be achieved by cutting neck opening with sharp knife. Inside circumference: 47cm (9103L), 40cm (9103M), 32cm (9103S).



HI-SUPPORT FOAM NECK COLLAR

Recommended for swimmers who have involuntary reflexes which result in their arching backwards into the water. Also useful for those who tip sideways, self-roll or wish to maintain an upright position in water. Neck opening 41cm circumference.



AQUAFIT HEAD FLOAT WITH CHIN SUPPORT \$170.45 to

Foam head support makes it difficult for wearer to place head underwater. Velcro[™] fastening for added security. Added feature of chin cutout. Inside circumference: 40cm (9108M).



BUTTERFLY HEAD FLOAT

\$154.50 EAC

Suspends swimmer upright in water. Weight limit up to 100kg. Neck opening 31cm circumference.



BODYFIT COLLAR

Inflatable neck collar which keeps head above water and body in a vertical position. Velcro $^{\mathsf{TM}}$ tie provides a snug fit. Size: Adult .

\$58.50 EACH



INFLATABLE NECK COLLAR

Designed to provide comfortable head support during aquatic therapy. Inside circumference: 28cm (9101S), 35cm (9101M), 40cm (9101L).

Order online and save time at: Theraquatics.com.au

9

\$19.90 SIZES

Aquafit



AQUAFIT NECK COLLAR WITH PRESS STUD CLOSURE

Soft, comfortable collar to fit closely around neck to aid buoyancy and allow freedom of movement. Designed with press stud closure. Sizes Adult (9401PA), Child up to 20 kg (9401PC), Baby up to 10kg (9401PB).

\$56.75 ADULT \$52.95 CHILD \$50.20 PAOIPY



AQUAFIT LUMBAR FLOAT

\$153.35 EACH nerous proportions.

Closed cell foam float with generous proportions. Will not slip. An alternative to the fabric style of hip float. Used in combination with neck float to ensure patient comfort during passive mobilisation.



AQUAFIT SAUSAGE FLOAT \$65

AUSAGE FLOAT \$65.55 EACH

Soft, comfortable float used as knee support to give correct positioning or offer relaxation when used with neck and hip floats during aquatic therapy.



AQUAFIT HIP FLOAT

Soft pouches attached to fabric sling. Moulds around various body shapes. Assists in correct positioning of body during aquatic therapy. Sizes: Adult (9308A), Child up to 20kg (9308C) and Baby up to 10kg (9308B).

\$74.05 9308A \$64.80 9308C \$58.95 930E



AQUAFIT POSTURE PILLOW

Soft neck support designed to provide comfort, support and relaxation during aquatic therapy. Sizes: Adult (9307A), Child up to 20kg (9307C) and Baby up to 10kg (9307B).

\$71.80 9307A \$67.45 9307C \$61.40 9307J



AQUAFIT BOLSTER

Large log shape bolster (9310) used for positioning patients during relaxation and exercise. Bolster with Ties (9310S) can attach to pool rails or other Aquafit floats.

\$74.80 9310 \$78.40 93108



AQUAFIT CORNER PILLOW

Soft, pillow that provides head support and comfort for patients. Corner Pillow (9311) used in pool corner. Corner Pillow with Ties (9311S) attaches to pool rails or other Aquafit floats.

\$49.959311 \$58.80 93118



AQUAFIT FENDA BENDA

Fit into this adjustable floating seat. For the swimmer who wants to be part of the floating fun and has weak legs. Adult size only.

\$175.40 EACH



AQUAFIT SQUARE FLOAT **\$93.05**

Supportive flotation device (9398) for larger patients or swimmers with disabilities requiring maximum support.

AQUAFIT PELVIC FLOAT \$89.40

Aquafit Pelvic Float (9399) compliments Aquafit Square Float to assist positioning during relaxation or everying



AQUAFIT BODY SLING

Stable sling. Generous size. Will not slip off swimmer. Use while floating on front, back or side. Use in combination with a neck float. Sizes: Adult (9875A), Child up to 25kg (9875C) and Baby up to 10kg (9875B). Colour of fabric varies.

\$104.65 9875A \$88.45 9875C \$75.99 9875



AQUAFIT REPLACEMENT BUCKLES

Buckle consists of male and female section. Keep a few clips spare. Sizes: Small (9300S) for Aquafit floats, Large (9300L) for cuffs and buoyancy belts.

9300S 9300 \$1.45 \$4.20



100L BAG OF POLYSTYRENE BEADS \$14.50

Add fresh polystyrene beads to Aquafit equipment for optimal buoyancy. Sold in 100 litre bags.

HI SUPPORT AQUATIC AIDS



ROSIE'S COLLAR **\$203.95** each

Designed for swimmer with significant disability. Secures head and prevents leaning or rolling in water. Suited to more passive swimmer.



SWIM TRAINER CLASSIC

Swim ring with harness that positions child forwards inside ring. Head can rest on ring for those with weak neck, enables frog kick for forward propulsion. Easy to put on. Sizes: 3m-4yrs/red (9404S), 2-6 years/orange (9404M), 4-8 yrs/yellow (9404L).



AQUA FLOAT
Use as an aquatic lounger which provides a controlled vestibular sensation. High sides offer great support and make floating a comfortable and relaxing experience. Size: 120cmL x 80cmW.



AQUAFIT SQUARE FLOAT WITH SEAT

Adjustable seat attached to secure, stable Square Float. Allows swimmer to kick and splash freely in upright position. Sizes: Adult/Large 9396L (fits chest 92-117cms), Adult/Regular 9396M-L (fits chest 76-92cm) Child/Youth 9396M (fits chest 61-76cm), Baby 9396S (fits chest 53-61cm).



AQUAFIT CEREBRAL PALSY FLOATSUIT

Designed for swimmer with significant physical and neurological disabilities. Cannot slip out of suit. Stabilises upper body in water. Prevents self rolling. Two levels of support. Custom made. Call to order.

409.25 477.75



AQUAFIT UPRIGHT FLOAT

Filled with polystyrene beads. Moulds around body. Provides neck and head support. Velcro[™] closure.



AQUAFIT HI-SUPPORT UPRIGHT FLOAT

For swimmer with tendency to lean forwards and then backwards while in upright position in float. Velcro™ opening. Sizes: Large inside circumference 100cm (9502L), Medium inside circumference 90cm (9502M),Small inside circumference 70cm (9502S).



AQUAFIT HI-SUPPORT UPRIGHT

For the swimmer unable to maintain an upright position For the swimmer unable to maintain an upright position in the water for any length of time. This ring offers soft and comfortable support for the head, with the added support of an adjustable saddle to secure the swimmer within the ring. Three sizes: Large inside circ. 100cm (9504L), Medium inside circ. 90cm (9504M), Small inside circ. 70cm (9504S).

\$148.45 \$124.10 \$109.80



WATER WALKING ASSISTANT

\$382.10 EACH

Popular with swimmers who use a walker, crutches or cane. Improve balance and gait, increase leg strength and gain independence to walk in the water without the fear of falling. Two sizes: medium and large.



AQUAFIT MEGAPAD WITH BOLSTER

\$322.50 EACH

Aquafit Bolster (931a) is attached with adjustable straps to Aquafit Megapad (9263). Allows swimmer to be enclosed within ring and supported comfortably in more upright position by Bolster.



AQUAFIT LILIPAD RING

Closed cell foam ring secured around swimmer's waist with Velcro[™] fastening. For swimmers with a degree of disability. Inside circumference: 85cm. Can be customised for larger swimmer by cutting with Stanley knife.

\$149.30 EACH

RINGS **THERAPY**



AQUAFIT SMALL SWIM RING

Small ring provides support/resistance during water therapy activities. Inside diameter: 14cm.



AQUAFIT RESISTA RING

Easy to grasp. Less resistance than Small Swim Ring (9316). Provides support/resistance during



Closed cell foam rings designed for spinal traction or additional flotation device for arms and legs. Inside circumference: Small 33cm and large 46cm.



<u>CHILD SIZE SWIM RING (LARGE)</u>

Heavy duty reinforced inflatable ring with non-return safety valves. May provide under arm support for more disabled swimmer. Being placed inside this swim ring and spun around, provides excellent vestibular stimulation for the visually impaired child. Size: Internal circumference 90 cms when inflated.



NOODLE OODLE

Strap threaded through noodle with centre hole (Item 9462) and secured with buckle to make a ring. Used as floatation ring for the larger swimmer.



AQUAFIT MEGAPAD \$247.90 EACH
Closed cell foam ring with Velcro™ closure. Stable
platform. Water ambulation device. Inside
circumference: 85cm. Can be coestinged for larger swimmer by simply cutting opening with a sharp knife.



MEDIUM SIZE ADULT SWIM RING

\$59.65 EACH

Inflatable ring intended for medium sized adults. Provides support during vertical suspension activities. Colour may vary. Inside circumference: 107cm.



GAITOR RING

Slips comfortably over both ankles for seated exercise. Water absorbent qualities of foam adds resistance/drag to aquatic exercise. 30cm outside diameter. 49cm internal circumference



AQUAFIT ADULT FOAM RING

Closed cell foam ring for medium sized adult.
Excellent for vertical suspension in water or positioning during relaxation and exercise. An alternative to inflatable and fabric rings. One size only.



AQUAFIT SWIM RING

Generously proportioned fabric ring filled with polystyrene beads. Front opening. Comfortable alternative to inflatable rings. Inside circumference: 132cm (9397L), 102cm (9397M), 80cm (9397S), 57cm (9397XS).

\$106.55 \$96.90 \$83.95 \$70.95



INFLATABLE

Enables swimmer to maintain an upright position in water with some degree of head and neck support.

tics.com.au Order online and save time at: Theragua

EAR CARE



AquaEars are soft, silicone earplugs to be used to protect ears from water damage while swimming or bathing. Kids size and reusable. Comes in set of

ITEM 9845P



AQUA BLOCK EAR PLUGS

Unique triple flange design allows for more customised fit which increases sealing ability and improves wearer comfort. Washable and re-usable. Suitable for adult ears. Sold as 2 pairs. Colours:

ITEM 9847





ITEM 9849





ITEM 9852

ITEM 9845C





EAR SEALS PILLOW SOFT EAR PLUGS

Very popular waterproof silicone putty earplugs that mould into the contours of ear. Suitable for youth and

PUTTY BUDDIES

Soft, comfortable silicone ear plugs that are fun to wear and have an extra tacky texture which keeps ear plugs in place for maximum effectiveness. Supplied in own carry case with cartoon character. Choose between Splash Puppy, Cool Croc, Tube Dawg, Wipeout Wally and Surfin' Sammy.

Design provides a unique combination of super-soft seal rings for unmatched comfort and a stiffer inner core for ease of insertion to seal out water. Comes with a convenient detachable cord and carry case. Sold as 1 pair.

ITEM 9853





ITEM 9861



AFTER SWIM WATER

REMOVAL STRIPS \$12.95 pack
Wicks water away from ear in seconds. No issue of
over insertion with flared tip design. One swab used for
both ears. Can absorb over 5x the amount of liquid an
average ear canal can hold. More though and cleaner
than alcohol drops, plus faster and less abrasive than alcohol drops, plus faster and less abrasive compared to air dryers for ears. Pack of 20 strips

ITEM 9864





KIDS POLYESTER SWIM CAP

stretch and recovery. Not waterproof. Check **theraquatics.com.au** for colours.

KIDS EAR PLUGS

Top selling kids soft silicone putty ear plugs which are larger, safer and mould to all kids ear sizes. Bright orange colour which makes it easy for parent, carer or teacher to see. Suitable for kids 6 years and under. Sold as 6 pairs in case

ITEM 9863



HAIR AND EAR **GUARD** HEADBAND

Silicone headband provides additional water protection over ears. Worn under swim cap. Colours: \$23.90 EACH

LATEX CAP

Zoggs superior quality 25gm latex cap. Check theraquatics.com.au for colours

\$3.99 EACH

THERAQUATICS EAR WRAP

Neoprene wrap secured on head with 7.5cm length of Velcro[™] closure. Sizes: 1-3 years (9535S), 4-9 years (9535M), 10-adult (9535A). \$23.95 kHz

EAR WRAP

Eyeline lighter weight neoprene wrap. Secured around head creating seal outside ear. Sizes: Child (9854C) , Youth (9854Y), Adult (9854A).

\$11.80 St



MACKS EAR BAND

Use to keep ear plugs in place and provide maximum protection for ears. Made from quality, thick, neoprene with an adjustable Velcro™ strap to easily secure and remove from the head whilst providing optimum comfort. Fully reversible with blue on one side and purple on the other. One size.

tics.com.au Order online and save time at:

POOL GAMES



SINKING FROGS

\$99.99 SET

Six frogs with distinctive personalities. Sink to bottom of pool. Great markers for aquatic motor skill development. Frogs 28cm in width.



SINKING SMILEY FACE POOL SPOTS

\$45.10 set

Set of four vinyl shapes. 22cm diameter. Highly visible. Location marker in pool.



SINKING FARM ANIMAL MARKERS

\$101.95 se

Set of 6 cartoon style farmyard animals that sink to pool bottom. Approx 33cm in length. Used as station markers



SINKING SKELETON

\$154.85 s

Life size skeleton with flexible vinyl "bones" that sink and remain on the pool floor. Great game to set up relay races to put the skeleton back together again.













SINKING DINO SPOTS

\$76 85 sr

Set of 6 dinosaurs that will peer at you from the pool bottom. 23cm diameter. Used as relay stations

ITEM 8056



STARFISH DIVE GAME

\$23.75 SET

Four brightly coloured 12cm starfish that sink to pool floor.



LARGE FLEXIBLE DIVE STICKS

\$8.50 SET

Six 21cm long brightly coloured and numbered bendable dive sticks. Stand upright on pool floor.



MORAY EEL DIVE GAME \$20.8

Four 25cm long brightly coloured eels that wiggle to pool floor. Underwater games create more muffled sounds and are excellent for swimmers who appear to be getting over-stimulated.



UFO DIVE GAME

\$8.50 SET

These discs flutter slowly to the pool floor. Six discs in pack. Size: 10cm diameter.

ITEM 8064



TURTLE EGGS

ILE EUUS \$7.UE

Egg hunt game. Six weighted eggs sink to pool floor. A baby turtle found in each egg. Six eggs in a pack.

ITEM 8065



DIVE RINGS

\$8.75

Classic dive and retrieval game. Sand filled weighted rings that stand upright on pool floor. Four rings in each pack. Excellent diving game for swimmers with poor grasp. Size: Rings 14cm diameter.

Order online and save time at: Theraquatics.com.au



DIVE BALLS

\$19.99 SET

Set of rubber balls with easy to grasp neoprene tails



POOL WEIGHTS \$35.20 str Set of 4 weights which can be filled with sand. Can be used to weight down Aqua Hoops (9352).



AQUA HOOP

Aqua hoops float on pool surface. When weighted with pool weights (9341), hoops assist swimmer in familiarity with submersion and movement through water. Diameter: 75cm.



DIVING REEDS

\$66.60 SET

6 highly visible yellow strips which float reed-like to water surface. Length: 150cm.



FOUR GAME COMBO

\$40.65 SET

Includes In Pool Basketball with Floating Hoop, Inflatable Game Ball, Floating Ring Toss Game, Dive Ring Set and UFO Dive Discs.



UNDERWATER SLALOM SET

\$19.99 set

New style. Brightly coloured and weighted hoops that sink to pool floor. Excellent quality.



GIANT RING TOSS

Giant Ring Toss is something different. Ideal for the pool, the beach or even just the backyard, the 1.5m tall game includes a stand and five individual flotation rings. It's crafted from PVC, easily inflatable, and each ring doubles as a float when a game isn't in session.



TALL BOY FLOATING **BASKETBALL GAME**

\$42.85

Consists of stand, hoop and real feel basketball. Stands 60cm above surface of water.



GIANT PRETZEL

Inflatable giant pretzel holds up to three people. Excellent float for spacial awareness games. A highly social float. Made from a durable material that can stand up to the pool water. Size 1.5m.



Inflatable cylinders 183cms long. Pack of 6 in assorted colours with 3 straight and 3 curly doodles. Ride, sit or climb on them.

ITEM 8070

PEEL & PATCH VINYL REPAIR KIT

Pack of 5 x vinyl strips (7.5 x 17.5cm) for use in repairing inflatables that have sprung a leak. Easy to use, peel and stick strips. Cut to fit minor larger tears.

\$6.75 km





RUBBER CHICKEN

\$13.40

15

Flying chooks are a great choice for pool relays Grab one now. Length: 50cm.

TRANSFORM YOUR POOL INTO A SENSORY MOTOR ROOM

ITEM 8046

FOOT PRINTS

Flexible silicon foot prints designed for use in all tile and smooth surface develop coordination and positioning. Latex free.



HAND PRINTS

Floppy, versatile silicone hands that lightly suction surfaces in pool. Easy to remove. Create games and exercises by arranging in pool

\$31.10 pair



START & FINISH LINES

PVC strap that lays flat on pool floor. Brilliant fluorescent red-orange for maximum visibility. 1.2m long. Sold individually. Start line (8094S). Finish line (8094F).

\$12.99 BOTH STYLE



SINKING FEET MARKERS

Use feet markers in a linear walking pattern on pool floor for stepping games. Select between foot colours: yellow (8021Y), green (8021G) or blue (8021B). Sold in pairs of similar colour (1L + 1R). Size: 24cm long x 11.5cm wide.



SINKING POLY SPOTS

Premium quality flexible vinyl spots in rainbow colours to place on pool floor, ramp or steps as station markers for aquatic games. Set of 6. Sizes: 23cm dia (8024S) and 30.5cm dia (8024L)



SINKING DIRECTIONAL

ARROWS

Use on pool floor as directional arrows for pool relays or obstacle courses. Select between colours: Yellow (8025Y) or green (8025G) Sold in pairs. Size: 24.5cm Long x 15cm Wide x 5cm High.



GIANT POOL QUOITS

Superb quality mega size closed cell foam floating quoit set. Great game for eye-hand coordination games and taking turns. Size: 50cmH x 44cm dia.



RN HOLE FLOATING GAME

Floating target game for young and old. Great game for those who have spatial awareness difficulties.



AQUA BALLS IN BAG

Soft balls that help timid swimmer focus on coloured balls rather than water. Excellent tool for reach, grasp and release games. Also helps the swimmer locate the surface of the water. 50 balls in bag (9463B).



IRON MAN RINGS

Suspend these two highly visible yellow PVC rings on adjustable straps so they dangle above the pool surface. Great tool for proprioceptive input.



AQUATIC HAND PUPPETS \$7.90 EACH

Motivate, charm or distract your swimmer with these engaging 12.5cm flexible hand puppets. Selection



YELLOW FLOATING CRITTER MAT

Closed cell foam mat. Suitable for 1-2 children.
Promotes balance and coordination skills as well as social skills of sharing your critter. Size: 100 x 65 x 5cm.

\$196.05 EACH

BALANCE

SITTING STANDING STEPPING WALKING LYING



BALANCE BOARD

Closed cell foam stability board. Sit, kneel or stand on board in deep or shallow water.



BALANCE BOARD WITH STRAPS

\$19.99 EACH

Closed cell foam board with Velcro[™] straps to fit hands or feet. For aquatic push/pull and squatting/ standing drills.



SWIM BAR

Assists stability when hand held for weight bearing activities in pool. Alternatively, the bar can be sat on for balance, co-ordination and pelvic stabilization exercises. Length: 75cm.



WONDER BOARD

\$36.80 EACH

Sit , kneel or stand on the Wonder Board for balance



THERANOODLE

Use to maintain an upright position, a horizontal body position, sit on mesh platform or provide underarm support. 117cm long and has a seat that can be adjusted up to 92cm wide. Sizes: Child (9126C), Adult (9126A).



Wooden print inflatable jousting game includes 2 logs and 2 jousts. Players try to knock one another into the water using the soft inflatable boppers. Makes the practice of those skills associated with staying upright just plain fun. Each inflatable log measures 147 x 35.5 x 35.5cms. Boppers are about 122cms long.

POOL PONY \$12.25 EACH

Inflatable pony that challenges balance and coordination skills.



AQUATIC BALANCE

Heavy duty plastic wobble board adapted for water. Grooved upper surface. Allows 360° movement. Ideal for aquatic rehabilitation.



Intended for upper and lower body fitness training, trunk stabilisation and mobility in water.



ight weight, easy to stack, moulded fibreglass step 9344) with non-slip tread. Sizes: 61L x 31.5W x 20cmH 9344) or 53cmLx 38cmW x 10cmH (9344S). Used for

balance, gait training and in water aerobics.
Replacement pre-cut 45cm long non-slip tread strips (9344T). Sold individually.

\$99.95 BOTH \$1.90 PACE

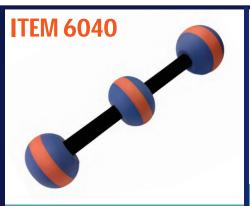


UNDERWATER **BALANCE BEAM**

\$203.50 EACH

PVC beam that lays flat on floor of pool. Brilliant fluorescent red-orange for maximum visibility. Won't mark or scratch pool floor.

SWIMMING AIDS



SWIM TRAINER BARBELL

Use as learn to swim aid or as light resistance barbell during aqua therapy. Sizes 52cm long.

ITEM 6018

SWIM BELT

Light weight floatation belt provides support and security for young swimmer. Adjustable webbing strap with buckle threaded through 6 x foam modules



ADULT SIZE INFLATABLE

Provides stable support for adult swimmer in any position-upright, back or front. Helps impede trunk rotation when horizontal in water. Large valves for



ROLL UPS

Facilitates prone swimming when breath control is impaired. Allows swimmer to dog paddle. Can be put on with ease when inflated. Suitable for ages 1-6



FLOAT BANDS

Flat contoured under arm gusset for comfort. 2 air chambers under each arm band, each with separate non-return safety valves. Heavy duty Vylux. Sizes: Under 1 year (9407S), 1-3 years (9407M), 3-6years (9407L).



FOAM FLOAT DISCS

Worn as armbands for young swimmers. Durable foam, puncture free and easy to fit. 3 discs per arm provide enough buoyancy for most beginners. Remove discs one at a time as water confidence increases. Sold in pairs.



BACK FLOAT

One piece closed cell foam flotation unit threaded onto adjustable belt. Straps onto child's back or front. Suitable for children over 2 years. Size: 22cm x 17cm.



PUDDLE JUMPER

Move and swim freely in the uniquely designed lightweight Puddle Jumper which provides floatation around a child's chest and arms while keeping their head above the water. May be a floatation option for young swimmers with light to moderate cerebral palsy. Suitable for children 2-6years (15-25kg). Colour: Blue. Size: 49 x 34 x 7cm.



ADULT PHANTOM GOGGLES

Ideal for pool and open water swimming. 100% silicone split yoke headstrap. New Easy-Adjust Auto-clip strap mechanism. Anti fog lens. With its big gaskets this one-piece goggle fits 90% of adult faces. Styles: Clear lens for indoor swimming (9287C), tinted lens (9287T). Check theraquatics.com.au for colours.

\$19.80 EACH



PHANTOM MASK

Mask has 180 degree undistorted peripheral vision. Quick strap adjustment. Soft, customized fit. Suits 2-8 years. Clear lens is perfect for indoor swimming. Perfect



CENTRE LINE SNORKEL

Adjustable head strap/bracket. Recommended for swimmer with limited neck movement, poor motor control or poor breathing technique. Colours: Blue (9408B), Pink (9408P).

Order online and save time at: Theraquatics.com.au

ACCESSORIES FOR FEET AND LEGS



KICK / PULL BUOY

Closed cell foam combination kickboard and pull buoy. Provides optimum buoyancy. Compact and practical tool. Size: 27 x 23 x 5cm.



BUDGET PULL BUOY - EXTREME

Classic shape pool buoy with go-faster stripes!
Holds hips high in the water, promotes a good body
position and excellent grip between the legs.
Well-priced. Made from EVA foam with strong buoyancy. Size: 24 x 8.5 x 15cm.

\$9.99

ITEM 6022L



PULL BUOY

\$9.00 EACH

Five layers of closed cell foam. Provides support for hips and legs while giving arms an intense work out. Size: 25 x 8.5 x 15cm.



NEOPRENE SOCKS

Scraping toes or feet on pool bottom may result in skin infection or ulceration. These socks offer protection against this risk. Not to be used instead of shoes Sizes: S, M, L.



WATER SNEAKERS

Light weight waterproof shoes with supple, hard wearing, non slip sole and stretchy neoprene upper with heel toggle for easy fitting. Sizes: 5-6 Junior to Adult 12-13. Check theraquatics.com.au for size chart.



LONG BLADE FIN

LONG BLADE FIN FROM \$29.70 PAIR
100% moulded ultra comfort long blade silicone training fins. Soft heel and toe for comfort. Comes in carry bag. Sizes: 7-1 Junior and Adult 2-13. Check theraquatics.com.au for size chart.



SHORT BLADE FIN

Dual density ultra comfort short blade silicone training fins that increase surface area of feet for strengthening legs and lower trunk. Soft heel and toe. Sizes: Adult 2-12. Check theraquatics.com.au for



KIDS NEOPRENE FINS

Boot style soft nylon covered neoprene construction. Superb fin for disabled swimmer with weak legs/ spasticity. Size: 8-10.5 / 2-3 years (item 9510A) and 11-2.5 / 4-6 years (item 9510B).

ITEM 9534



GUPPYFINS

Light weight pliable fins made from 100% soft rubber. Helps very young swimmers feel the water so they can learn the proper kicking technique without hindrance. Adjustable heel strap. Suitable for ages 2-5 yrs.

TEM 7112



MEDICAL ALERT WRISTBANDS

\$9.99 EACH

Bright, colourful and designed to be noticed. Three adjustable, nickle-free snaps should fit most kids from the age of 2 and up to adults. Latex-free and waterproof. Choose from Autism (Item 7112A), Asthma (Item 7112B), Epilepsy (Item 7112E), Latex Allergy (Item 7112L).



"I HAVE AUTISM" WRISTBAND

\$6.95 EACH

Bright yellow silicone bracelet that says
"I HAVE AUTISM" in bright blue debossed
letters..Jigsaw puzzle pieces recognisable as
Autism/ASD awareness symbols feature on the
rest of the bracelet. Sizes: Child (Item 7115C),
Youth (Item 7115Y), Adult (7115A).

SWIM PANTS, CAST & BANDAGE **PROTECTORS**



SEALTIGHT CAST AND BANDAGE

Durable polyvinyl bag attached to non-latex diaphragm which stretches over cast or bandage to form water tight seal. Suitable for showering and bathing. Re-usable. Check **theraquatics.com.au** for sizes for adult hand, arm, foot/ankle or leg (20100-20105) and child arm or leg (20200-20106).



DRYPRO WATERPROOF CAST AND BANDAGE PROTECTORS

Shower, swim or bathe in waterproof protector with built in pump which creates a vacuum seal. Re-usable. Available for arms (1005), legs (1004), PICC line (1003), prosthesis (1002) or ostomy pouch (1001). Check theraquatics.com.au for sizes and pricing.



DISPOSABLE SWIM PANT

Pilcher specifically for bowel incontinent swimmers. Fits discretely under swimsuit. Sizes: Child, Youth and Adult. Refer: www.theraquatics.com.au for sizing.



REUSEABLE SWIM PANT

designed to protect swimmer against heavier urinary and bowel leakages. Sizes: Adult, Youth and Child. Refer: www.theraquatics.com.au for sizing.



EENEES

Reuseable, slim fitting swim pant for swimmers with urinary incontinence. Leg and waist draw cords provide extra security. Sizes: XS-XL. Refer: www.theraquatics.com.au for sizing.

\$72.75 MED/ \$89.25 x



OSTOMY POD

One piece stretch fabric wrap worn under swimwear. Features 2 pockets for ostomy pouches. Stabilises pouch and prevents it from moving, shifting or flapping while swimming. Smooth, form fitting and avoids visual bulge. Washable and does not constrict stoma.18cm wide. Colour: Black. Sizes:XXS-6XL.



HIPSTER REUSABLE SWIM PANT

Bikini style, reusable swim pant that provides excellent protection for bowel incontinence when swimming. Can be worn by itself or under swimwear. Sizes: Adult (9568A), XS-L and youth (9568C), 6-14 yrs. Colours: Pink or blue. Check theraquatics.com.au for sizes.





Sosecure containment

SWIM BRIEF
SNUM \$85.30 tach
Snug, discrete fit designed to be worn next to skin under swimwear. Adjustable Velcro™ closure gives maximum adjustability for most body shapes.
Intended for bowel containment and small amount of urinary leakage. Reusable. Premium product. Sizes: Youth (9569Y) XS-XL and Adult (9569A) XS-5XL.
Check theraquatics.com.au for sizes and pricing.

ITEM 9572



20



GARY WEAR ACTIVE BRIEF

Reusable swim pant designed to fit snugly over disposable diaper. Waterproof, yet breathable.

Slimmer cut of pant makes it less bulky, more form fitting and discrete. Sizes:Adult only 3XS-5XL Colour: Black or White.Check theraquatics.com.au for sizes

FROM \$33.50 EACH

ITEM 9574





Super stretchy waterproof underwear for adults and children. Looks and feels like normal underwear. Waterproof lining provides secure support for disposable pads or reusable cloth nappies. Use before or after swimming session. Sizes: XXS-XL. Colours: Navy or White. Check theraquatics.com.au for sizes and pricing.



WATERPROOF VINYL PULL-ON

PANT (3PK)

FROM \$16.65 PACK

Soft to touch and not noisy when worn. Features
elasticised waist band and gathered leg opening
which helps control leakage. Machine washable.
Reusable. Sold in packs of 3. Sizes: Adult S-XL.

Check theraquatics.com.au for sizes and pricing.

AQUATIC EXERCISE KITS FOR THERAPY

ITEM 9200K



STROKE AQUATIC REHAB KIT 1

Consists of neck float (9401A), hip float (9308A) and sausage float (9309) to stabilise patient in water and an opportunity to relax and experience a sense of

ITEM 9201K

STROKE AQUATIC REHAB KIT 2

Consists of equipment for upper and lower body strengthening, core, gait and balance training. Equipment includes 1x swim bar (6011), 1 pair aquatic ankle weights (8007), 1pair aquaflex paddles (9332), 1 pair aqua gloves (6034) and 1 x noodle (9462).

ITEM 9203K



MS AQUATIC

Consists of 1x DVD (18 minutes) plus 1pair barbells (6013), 1 x kickboard (6066), 1 x wonderboard (6037) and 1 pair aqua gloves (6034).

ITEM 9204K



PARKINSONS AQUATIC

Consists of 1x DVD (33 minutes) plus 1 pair aqua gloves (6034), 1 pair barbells (6013), 1 pair aquaflex (9332), 1 x aquatic step (9344).

ITEM 9205K



POLIO SURVIVORS AQUATIC

Consists of 1 x DVD (18minutes) plus 1 pair aqua gloves (6034), 1 pair barbells (6013), 1 pair adult inflatable arm bands (9406), 1 x water jogging belt (6019L), 1 pair aquatic ankle cuffs (8007).

ITEM 9206K



ARTHRITIS WATER

EXERCISE KIT \$60.25 km

Consists of 1 x noodle (9462) 1 x water jogging belt (6019L) 1 x kickboard (6066) 1pr x push bells (6044).

ITEM 9207K



SENIOR AQUA

Consists of 1 x DVD (28 minutes) plus 1pair aqua gloves (6034), 1 pair barbells (6013) 1 x water jogging belt (6019L) 1 x noodle (9461).

ITEM 9208K



WEIGHT LOSS AQUA

Consists of 1 x DVD (18 minutes) plus 1 pair aqua gloves (6034), 1 pair barbells (6013) 1 x water jogging belt (6019L), 1 pair balance rings (6002L).

ITFM 9209K



FIBROMYALGIA AQUATIC

EXERCISE KIT \$225.35 km Consists of 1 x DVD (23 minutes) plus 1 pair aqua gloves (6034), 1 pair barbells (6013), 1 x wonderboard (6037), 1 x water jogging belt (6019L), 1 pair balance rings (6002L),1 pair buoyancy cuffs (6016B), neck float (9401A), 1 pair sneakers (9211).

FM 9210K

CROSS TRAINING AQUATIC

EXERCISE KIT \$367.10 km Consists of 1 x DVD (45 minutes) plus 1 pair aqua gloves (6034), 1 x tethered buoyancy belt (9118), 1 x tether and loop (9345S and 9540), 1 pair adjustable ankle weights (9530), 1 x aquatic step (9344), 1 pair hand paddles (9334), 1 x kickboard (6012), 1 pair sneakers (9211).



BACK PAIN AQUATIC

EXERCISE KIT

Consists of 1 x DVD (36 minutes) plus 1 pair aqua gloves (6034), 1 pair barbells (6013), 1 pair buoyancy cuffs (6016B), 1 pair balance rings (6002L), 1 x neck float (9301), 1 x water jogging belt (6019L), 1 x starboard (6032), 1 x inflatable ball (9349RM).

Order online and save time at: The raquatics.com.au

AQUATIC CROSS TRAINING FOR FITNESS



RESISTACISER

For upper and lower body workouts in water. Heavy duty handle with cushioned hand grip. Levels: Light (6030L), Medium (6030M) and Heavy (6030H). Size:



RESISTA HANDLE

\$5.60 EACH

Design your own resistance device. Resistance band or cord secured easily onto handle. Provides comfortable and economical way to exercise. Sold individually. Resistance cord or flat band sold separately.



STRETCH BAND 1.5m

Light/red (6075L), Medium/green (6075M), Heavy/blue (6075H), X-Heavy/black (6075XH).



RESISTANCE CORD

Colour coded resistance cord sold in packs of 30.5m (8016) or per metre (8017). Check **theraquatics.com.au** for pricing.



RESISTA CUFF

SEPARATELY

Soft, comfortable cuffs for resistance exercise for wrist or ankle. Tie resistance cord or band through D ring on cuffs to design your own exercises.



FITLoops

Closed-loop design fits comfortably around the upper or lower legs enabling exercise of muscles of hips and legs in water. Size: 61cm circumference x 3.8cm wide for comfort. Colour-coded for resistance. Four resistance levels from XLight to Heavy. Check theraquatics.com.au for resistance levels and pricing.



STRETCH CUFF

FROM \$17.40 EACH

Consists of resistance cord attached to comfortable ankle straps. Great tool for lower body strengthening during seated exercise in pool. Colour coded for resistance. Check theraquatics.com.au for resistance levels and pricing.



STRETCH 8

Allows for a variety of long and short pulling exercises with improved hold. Provides great low impact work-out in water. Colour-coded for resistance. Four resistance levels from XLight to Heavy. Check theraquatics.com.au for resistance levels



POWER BANDS

Another type of resistance band known for its strength and durability. Used as a resisting or assisting force on their own. Useful tool for stretching and recovery. Colour-coded for resistance. Check theraquatics.com.au for resistance levels and pricing.



EXERCISE BAR

easy packing and transport. Two different tension tubes to vary workout. Includes workout chart and carry bag. Suitable for rehabilitation exercises in the pool.



AQUATIC WEIGHT-A-BAND

Weights and band in one exercise for water workouts. Heavy tension band with 450gm for each weighted handle.Comfort foot cushion. Carry bag included.

ITEM 9342



SWIM EXERCISER

Tethers enable swimmer to swim in any mode of swimming-even flat out sprints. A tool to build upper body strength and work on technique. Two tether lengths: 200cm (9342S), 400cm (9342L).

\$52.80₉₃₄₂₈ \$66.00₉₃₄₂₁



TETHER CORD & MOUNTING LOOP

Stretch rubber Tether Cord with two safety hooks connects Tethered Belt (9118) to a secure point eg. fence or handrail via Mounting Loop (9540). Two lengths of cord: 2m (9345S) and 4m (9345L).

\$19.80 93455 \$34.65 9345L \$2.459



TETHERED SLIMLINE BELT

\$24.99 EACH

Buoyancy belt with "floating ring" sewn into back of webbing strap to enable swimmer to participate in tethered walking or stationary swimming.

Two sizes: Medium(6062TM) and Large (6062TL).

ITEM 9254



PERSONAL POOL EXERCISER

Consists of harness (1m long), stretch cord (1.3m long) and extension rope (4m long). Excellent for static swimming, low impact training and stroke



AQUAFIT SPORTS BELT

Nylon webbed belt with centre buckle, 2 anchor D-rings on sides and one sliding D ring on back- all of which offer variable anchor points for tethers. Sizes:S-XL. Check theraquatics.com.au for sizes and pricing.

FROM \$17.05 EACH



STATIONARY SWIMMER **\$3**9

Comfortable neoprene foot straps with Velcro[™] closure for cushion fit to secure feet and ankles. Kit includes bungee strap that can be wrapped around pool ladder or rail to secure swimmer to stationary spot. Provides a tethered cardio workout in the pool. Great for smaller back yard pool.



C BALL

Tough, transparent PVC ball contains 12 multi-coloured mini balls inside it. Attracts with impaired hearing and sight. Size:50cm dia.

\$112.75 each



WEDICINE BALLS FROM \$26.50 FACH
Evenly weighted medicine balls with an ability to float
in water. Their tendency to float makes moving them
through water or pressing them below the surface of
water a great resistance workout. Above the surface
of the water, medicine balls will challenge your core, of the water, medicine bans, will challenge your discretest your balance and strengthen your muscles. Colour coded for weight. 1kg (9710), 2kg (9720), 3kg (9730), 4kg (9740), 5kg (9750), 6kg (9760). Check theraquatics.com.au for weight and pricing.



AQUATIC GYM BALL

Medicine Balls with handles designed specifically for aquatic exercise. Handle on ball makes it easier to grasp in order to push ,pull or drag the ball through the water. Colour coded for weight. 1kg (9299L), 2kg (9299M), 3kg (9299H).

\$29.90^{1KG}

ITEM 7470

POOL LIGHT UP BALLS

Airless balls. Easy to throw and catch. Super bright with LED light pulsing inside ball. Latex free. Nontoxic TPR. Water resistant. Soccer ball Football 25cm dia. (7470F)

\$35.35 EACH



ITEM 9570



BLOON BALL

Balloon-like ball which is soft and light for its size. Shiny cover has eye catching colourful designs for high visibility in pool. Sizes: 80cm diameter (9570L), 55cm diameter (9570S).

\$35.35 PARGE \$20.35 PARGE



RAINBOW WIFFLE BALLS

Light weight balls that float near surface of water. Easy to grasp. Sold in packs of 3.Two sizes: 12cm diameter (9571L), 9cm diameter (9571S).

\$7.15 SET \$5.99 %571S

LARGE EQUIPMENT

AQUAFIT POLY HOOK-ON SFAT



Light weight chair designed to suspend from a standard 38mm diameter hand rail. Made from furniture-grade fluted PVC piping with stainless steel fittings and domed end caps for structural integrity. Polyester weave fabric on seat. Can be immersed in salt, chlorinated or fresh water pools. Ideal for seated exercises. Designed as 4 pieces for easy assembly. exercises. Designed as 4 pieces for easy assembly and economical freight. Size: 60cm x 55cm x 50cm.



UNDERWATER PLINTH

Stainless steel frame which fits onto a standard 38mm hand rail. Plinth allows for positioning of patient during specific hydrotherapy exercises.

WATER WHEELCHAIR **STANDARD**



Light weight chair designed to be fully immersed in salt, chlorinated or fresh water pools. Made from high strength PVC tubing. Stainless steel castors. Features include foldable twin foot plates, swing away arms for easy transfer, push rims, solid tyres and self-user brakes. Seat height 530mm and seat width 440mm. Comes standard with lap belt. SWL 120kg.



BARIATRIC WATER

WHEELCHAIR \$2,425.00
A wider and sturdier version of the standard water wheelchair. Seat width of 540mm from edge of seat frame. Reinforced and braced through the base and



REPLACEMENT RUBBER STOPPERS FOR UNDERWATER **PLINTH - SET OF 4 STOPPERS**

into each steel tube to seal it. White stoppers are then fitted over the black ones to create a non-skid and non-marking point where the frame rests against the inside pool wall. \$11.55 se

JUNIOR ADAPTOR FOR WATER WHEELCHAIR

\$535.00 Adaptor can be clipped onto back of the water wheelchair and features an adjustable thoracic support to stablilise smaller adults or children (4 years to teenager). Can easily be removed so that chair can be used by general population. Speak to us about retro-fitting this Adaptor onto an older model



HEAD SUPPORT FOR

\$275.00

Removable accessory for water wheelchair (Item 9580). To keep in position, pull Velcro tightly across back of chair so it doesn't slip down. Able to be also fitted to Junior Adapter (Item 9582). Intended for swimmers who need that extra support around the head.



REPLACEMENT MAT FOR

Replacement Mat for Underwater Plinth (Item 9376) premium quality brass eyelets appropriate for chlorinated pools. A length of polyester rope is



SUPER SLING

Single 4-Handle Sling to move, transfer or position patient. Made from low friction nylon. Enables caregivers to slide patients easily on all surfaces including beds and guerneys. Size:91cm x 101cm. Weight limit:113kg.



FABRIC RESCUE

\$171.65 EACH

Tough, reinforced, chlorine resistant open weave fabric stretcher with handles. Intended for quick removal of swimmer in times of emergency. Easily folded or rolled up to store away.Size: 195 x 71 cm



REPLACEMENT BELT FOR UNDERWATER PLINTH \$27.50

Belt is available to secure patient onto Underwater Plinth (Item 9376).

Order online and save time at: Theraquatics.com.au

Phone 07-3865 4420 Fax: 07-3265 5955 Email: sales@theraquatics.com.au